



HEALTH  
TAPESTRY

McMaster  
University  
FAMILY MEDICINE



## Niagara-on-the-Lake Town Council

Monday, December 11, 2017

[www.healthtapestry.ca](http://www.healthtapestry.ca)

Funding for Health TAPESTRY Ontario provided by  
the Government of Ontario (MOHLTC) and David Braley.

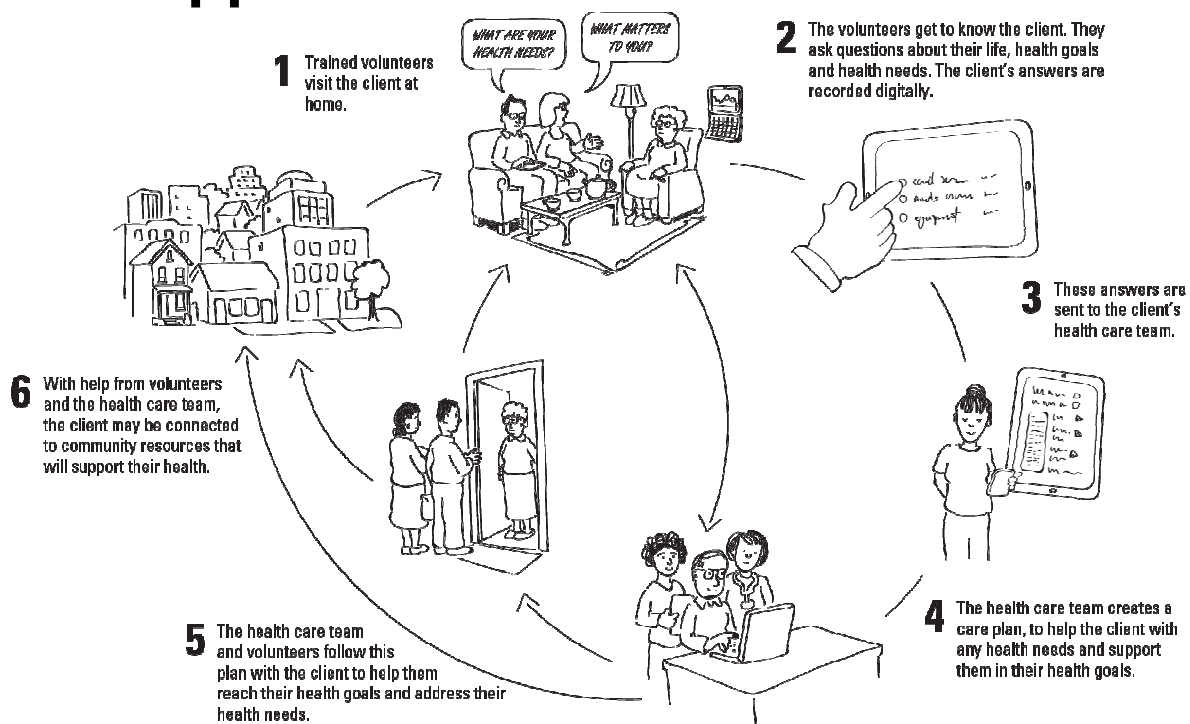
 Michael G. DeGroote  
SCHOOL OF MEDICINE

# Health TAPESTRY Approach

**To help people stay healthier for longer in the places where they live,** using trained volunteers, the interprofessional primary health care team, links to community resources with the support of technology.

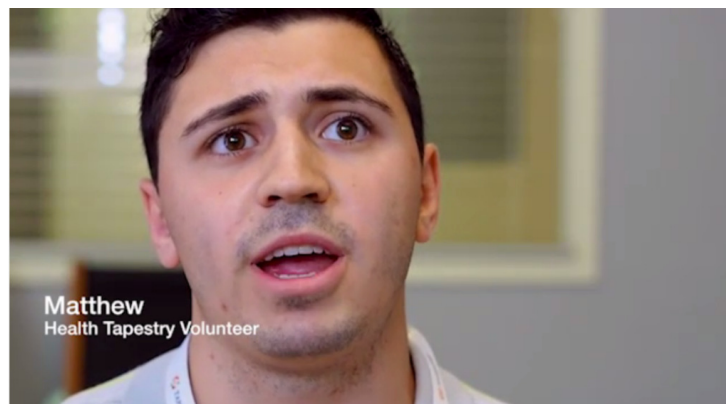


# The Approach



## Volunteers

- Meaningful volunteerism
- Intergenerational dyads of volunteers
- Managed by the Canadian Red Cross
- 657 visits completed by 98 volunteers



## Benefits to the Clients



- Learning what matters most to the client
- Intervening early in the healthcare journey

## Benefits to the primary care team and healthcare system



- Knowledge
- Healthcare System Utilization
- Satisfaction



## Health TAPESTRY Ontario



- 2016-2019
- Health TAPESTRY being implemented in **6 sites across Ontario**
- **Canadian Red Cross** is strategic partner for volunteer management & community engagement



## Volunteer Coordination

### The Volunteer Coordinator:

- Is the **first contact** for volunteers for any concerns
- Connects volunteers and clients
- Manages scheduling
- Coordinates training
- Collects necessary documentation





## Role of the Volunteer

1. Volunteer pairs visit clients in their homes.
2. Use an iPad & web-based applications
3. Facilitate SMART goal setting with clients
4. Complete questionnaires with clients on their health and well-being
5. Relay information to the clinics



## Role of the Volunteer

6. Complete a Narrative about the experience
7. Facilitate connections between clients and community resources
8. Provide a social connection to clients
9. Take direction from clinical team to assist with execution of the clinical plan



# HEALTH TAPESTRY



**Website** [healthtapestry.ca](http://healthtapestry.ca)  
**Twitter** @HealthTAPESTRY  
**Email** [healthtapestry@mcmaster.ca](mailto:healthtapestry@mcmaster.ca)

